



sacramento valley
conservancy

Open Space. For all of us.

News Release

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FOR IMMEDIATE RELEASE

*June 14, 2010 – THE FIRST RIDE OF THE SEASON – FREE MOUNTAIN
BIKING AT SACRAMENTO’S LARGEST PRESERVE, DEER CREEK HILLS.*

Sacramento, CA - Celebrating 20 years of protecting open space for future generations, the Sacramento Valley Conservancy is kicking off the summer season and offering FREE docent escorted mountain bike excursions on 4400+ acres of pristine landscape. Come explore on your mountain bike the rolling savanna grasslands, dotted with dramatic blue oak and open vistas on Saturday June 26th from 7:30am-10am.

The Sacramento Valley Conservancy Mountain Bike Docents will escort adult riders on 12 miles of significant climbing single track, cattle paths, and ranch roads. While this pastureland serves as a working cattle ranch from November thru May, cattle have proven to be superb designers for single track trails! This venue is simply great for riders with single track riding experience and with knowledge of shifting to lower gears for climbing hills. **This is not considered a beginners course.** All rides are *no drop rides* -

Sacramento Valley Conservancy Leads Hikes at New, Local Deer Creek Hills Preserve

no one will be left behind. Approximate ride time is 2 hours. Knobby tires are required for the terrain – no slick tires or road bikes allowed. Cyclists attending will be divided into groups depending upon experience with docent escorts. Bike helmets are required for all riders.

Register on-line at <http://www.sacramentovalleyconservancy.org/calendar.asp> and directions/map and meeting places will be sent via email.

Located just north of Rancho Murieta, Deer Creek Hills is only a 35-minute drive from downtown Sacramento. Come visit the untouched landscape and ride this extraordinary region on one of Sacramento's largest and most scenic open space preserve, Deer Creek Hills. Please contact Gina Silvernale at 916/612-3719 –or- outreach@sacramentovalleyconservancy.org with questions to public outings.

View a complete list of outings at www.sacramentovalleyconservancy.org Special tours for youth groups and school groups also available.

About the Sacramento Valley Conservancy:

Celebrating its 20th anniversary and accreditation by the Land Trust Alliance Accreditation Commission, the Sacramento Valley Conservancy is a private, non-profit land trust founded in 1990 on two basic principles—that open lands are necessary for quality of life and that we must save land today so future generations may enjoy its benefits tomorrow. The Conservancy buys land only from willing sellers, and works cooperatively with private landowners and public and private funding sources to create

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win-win solutions. More information about SVC, including the East Sacramento Blue Oak Hills Area project, our Sacramento Prairie Vernal Pool Area, the Dry Creek Parkway, Elkhorn Basin Ranch and other projects can be found on the organization's website at www.sacramentovalleyconservancy.org.

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Please join Sacramento Valley Conservancy for the 2010 Season at Deer Creek Hills for Hike, Bike, Equestrian Rides and Special Events

Thursday, June 17, 5:30pm – 7:00pm	Summer Social
Saturday, June 26, 7:30am – 10:00am	Mountain Biking
Saturday, July 24, 7:30am – 10:00am	Mountain Biking
Saturday, August 14, – 7:00pm – 11:00pm	Sunset Hike-Bat Night- Astronomy Night
Saturday, August 28, 7:30am – 10:00am	Mountain Biking
Saturday, September 25, 7:30am – 10:00am	Mountain Biking
Saturday, October 23, 7:30am – 10:00am	Mountain Biking

Hikers/Riders/Bikers should meet at Latrobe and Stone House Roads (north of Highway 16 or Jackson Rd. and west of Rancho Murieta). Both roads can be accessed off of Jackson Rd. Carpooling is strongly encouraged since parking is limited, and all vehicles should park on the dirt portion of Latrobe Rd.

Weather is unpredictable, so please bring layers of clothing for all weather types. Water, light snacks and a hat for warmth and shade are also suggested.

There is active cattle grazing at Deer Creek Hills, and the conditions of hiking routes vary and may include stream or fence crossings and uneven terrain. Heavy rain and/or wind cancel hike/ride.

Three ways to Register

www.sacramentovalleyconservancy.org/calendar

Contact Gina Silvernale, Outreach Coordinator at 916/612-3719 or outreach@sacramentovalleyconservancy.org

Tour size is limited for your enjoyment.